



Family Services Newsletter

Dear Parent/ Carer

Winter/Spring 2016

One of the purpose of Family Services is to offer extended opportunities for children & young people in our schools, and to provide support groups for families.

After School Clubs

During the autumn term we ran a cooking club, for both the secondary age children, and the primary age children. We also ran a yoga club that was attended by the secondary age children. These clubs have proved to be very popular and have been well attended.

This half term we will be running an art club as well as continuing the yoga club.

I received a great number of replies to the parental questionnaire that was sent home last half term, which has given me an idea of the clubs that you would like to be provided.

Demand for sessions has been high in the past and it isn't possible for everyone to attend every session, which is why we have alternated the cooking and yoga between the secondary and primary age groups. We will rotate places so that there is fair access to all. Please help us by choosing clubs that your child will particularly enjoy or has a particular interest in.

It is vital that you collect your child on time from the after school club, or that a responsible adult is home when your child arrives home on transport.

After school Club Places

- All sessions are subsidised by the school. It is important that if you are unable to use the place allocated to you that you either email to cancel your place or call to speak to Louise at school, so that the place can be offered to someone else.
- In the holiday period you can call the Family Services phone on the number below. As there is high demand for places we will always try to offer any spare places to other children.
- Unfortunately due to the high cost of running the sessions, once places have been booked and paid for, we are unable to offer refunds. Please note that if you are more than 15mins late collecting your child on more than one occasion then your place will be offered to another child for the remainder of that half term.

Family Services Mobile

If you need to contact a member of After school club staff out of school hours please call the new Family Services phone number – **07555 604 583**.

Coffee Mornings

Our parent coffee events are a great opportunity for you to meet other parents, to share your story and have the opportunity to share in a non-judgemental environment. During the first half terms coffee meetings we have focused on the setting up of a Parent Teacher Association at Pentland Field School. We were joined by Lynne Laverty from the ADHD and Autism Centre in Eastcote and on a separate occasion we were joined by Rupam, the school Speech and Language therapist.

These coffee events are for you, so please let me know if there are other agencies that you would like me to invite to the sessions.

The following are provisional dates for the parent's coffees for the spring term:

Thursday 14th January - 'What is Autism?' This will be a joint session with parents from Grangewood School
Friday 29th January
Thursday 11th February
Friday 26th February
Thursday 10th March

Friends of Pentland Field

We are in the process of setting up a charity to support the children, young people and their families at Pentland Field School. You should have received a letter explaining how parent/teacher associations work and the benefits for us in having a 'Friends of' charity at Pentland Field. We are looking for volunteers to join the committee that will raise funds by holding various fundraising events. If you would like to join the committee or find out more about the committee roles and responsibilities please leave a note in your school link book and I will send you home the information.

Toy/Resource Library

We have now purchased additional resources for the toy library. If there are specific toys/resources that you are looking for please speak to Louise. There is a copy of the brochure on the school website for you to choose from. Alternatively you can request a paper copy to be sent home with your young person.

For more information on any of the above please contact Louise on 01895 609120. Alternatively you can email me on familyservices@pentlandfieldschool.co.uk

Many thanks

Louise Mullins
Pentland Field School Family Services Coordinator
familyservices@pentlandfieldschool.co.uk



Football coaching for 8-16 year olds with disabilities.

Saturdays 10:00 -11:30

£5.00 per session

Sessions are led by fully qualified coaches from Rob Burton Soccer School.
Meet on the outdoor 3G pitch at Botwell Green Sports and Leisure Centre,
East Avenue, Hayes UB3 2UW. Access via East or Central Avenue.





A fun multi sports community club for young people with special needs. Sports include trampolining, football, volleyball, table tennis and boccia.

Please bring a parent or carer with you. Siblings are welcome.

Saturday session, South Ruislip

Wednesday session, West Drayton

Every Saturday 1.45-3.15pm

Every Wednesday, 7.00 - 9.00pm

Ages 8-19 years

Ages 11 years +

Cost: £3 per session

Cost: Free

Queensmead Sports Centre
Victoria Road
South Ruislip HA4 0JE

West Drayton Young Peoples Centre
Rowhleys Place,
Harmondsworth Road
West Drayton, UB7 9LL



Contact information For further details on the club please contact Sports Development on sportsdev@hillington.gov.uk or for the Wednesday session contact Disability Sports Coach on 020 7021 0973 / email colin@disabilitysportscoach.co.uk

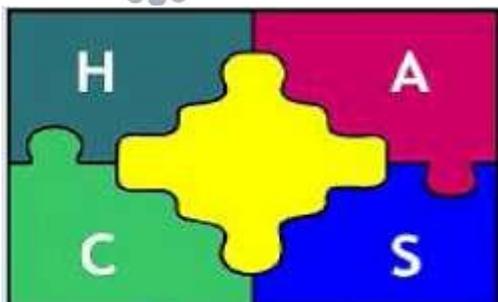


What we provide - DASH provide a range of different activities for people with disabilities, including both recreational and sports sessions

Who it is for - For users with Disabilities

When it takes place - We have activities 6 days of the week.

Cost - Between £1 and £5 per session dependent on the activity.



HACS clubs - designed to be fun but also support young people to develop the skills and confidence they need to lead independent lives using sports, arts and crafts, offsite and residential activities, music production, dance and drama, cooking workshops and issue-based projects

HACS clubs are provided, by the council and HACS, and focus on the support and development needs of young people aged between 13 and 25 who have autistic spectrum disorders.

HACS club south Is at Harlington Young People's Centre on Wednesdays between 3.30pm and 6pm.

HACS club north Is at South Ruislip Young People's Centre on Thursdays between 7pm and 9.30pm.



What we provide - CAAS supports, educates and empowers individuals with ADHD and/or autism, their families, and the community. Through raising awareness we change perceptions and break down barriers. Our support services encompass education, benefits, parenting and care advice with signposting to other agencies if appropriate. We also offer specialised parenting courses, workshops and training for professionals.

Who it is for - Individuals with ADHD and/or autism, their families, and professionals.

When it is available - We have a full timetable of services which can be seen on our website. Our drop in support group is on a Wednesday and Friday (term time only) from 10.30am till 12.30pm.

Cost - Many of our services, including the drop-in support groups are free. There are charges for our courses and workshops ranging from £10-£50. Prices for bespoke training for professionals is available on request.