

Dear Parent/ Carer

Spring 2017

I hope that all of our new families have felt welcomed and supported as their child has transitioned to become a member of the Pentland Field community. As we approach another school break I want to remind parents of the role family services play within the school. One of the purpose of Family Services is to offer extended opportunities for children & young people in our schools, and to provide support groups for families. Thank you to those of you who took the time to complete the Family Services Questionnaire at the beginning of term, your feedback is always welcome as we continue to develop the services available to you and your children.

Family Services Mobile

If you need to contact a member of staff out of school hours please call the Family Services phone number – **07555 604 583**.

After School Clubs

During the autumn term we ran a cooking club that was attended by both secondary and primary pupils. The cooking club proved to be very popular and was well attended. In the spring term we have been running a movie and games club that takes place after school on a Wednesday, this has been available to both primary and secondary pupils.

Places at afterschool club are often oversubscribed which means that I am working from a waiting list to ensure that there is fair access to all. Please help me by choosing clubs that your child will particularly enjoy or has a particular interest in.

Unfortunately due to the high cost of running the sessions, once places have been booked and paid for, we are unable to offer refunds. Please note that if you are more than 15mins late collecting your child on more than one occasion then your place will be offered to another child for the remainder of that half term.

Youth Clubs

This year we have introduced youth club for the secondary pupils, it is an opportunity for our pupils to get together with friends and develop new skills like cooking and crafts. The youth club has been very successful and we intend to continue running it throughout the year.

Coffee Mornings

Our parent coffee events are a great opportunity for you to meet other parents, to have the opportunity to share in a non-judgemental environment.

These coffee events are for you, so please let me know if there are any agencies that you would like me to invite to the sessions.

The following are provisional dates for the parent coffee mornings for the spring term:

Thursday 26th January

Thursday 9th March

Thursday 9th February

Thursday 23rd March

Thursday 23rd February



Friends of Pentland Field

The Friends of Pentland are a charity run by school staff and friends/family members of our pupils with the aim of raising money to support the children and young people who attend Pentland Field School.

Last year we held our first summer fair and Christmas Bazaar which were both very successful.

We are always looking for volunteers to help run and plan future event. Look out for letters and text messages giving details of future meetings.

Toy/Resource Library

As Pentland Field School is part of the Eden Academy, all of our students have access to a fantastic library of resources, from literacy toys to sensory equipment, including:

Sensory	Outdoor	Literacy
Tactile	Auditory	Language
Visual	Audio-visual	
Imaginative Play	Numeracy	

The resource library is well stocked and provides you with the opportunity to introduce your child to different play equipment. There is a copy of the brochure on the school website for you to choose from, www.pentlandfieldschool.co.uk/our-approach/family-services. Alternatively you can request a paper copy to be sent home with your young person. To join the resource library please contact me or write in your child's link book requesting the join up paperwork.

The resource library, based at Moorcroft School, UB8 3BF will be open on the following dates from 10am – 12pm if you wish to pop in and have a look at the resources available.

Monday 30th January 2017

Monday 20th February 2017

Monday 6th March 2017

Monday 20th March 2017

For more information on any of the above please contact Louise on 01895 609120. Alternatively you can email me on familyservices@pentlandfieldschool.co.uk

Many thanks

Louise Mullins

Pentland Field School Family Services Coordinator



Football coaching for 8-16 year olds with disabilities.

Saturdays 10:00 -11:30

£5.00 per session

Sessions are led by fully qualified coaches from Rob Burton Soccer School.

Meet on the outdoor 3G pitch at Botwell Green Sports and Leisure Centre,

East Avenue, Hayes UB3 2UW. Access via East or Central Avenue.

For further information please contact Rob Burton Soccer School on 07974 121701 or via email rob@dash.org.uk



A fun multi sports community club for young people with special needs. Sports include trampolining, football, volleyball, table tennis and boccia.

Please bring a parent or carer with you. Siblings are welcome.

Saturday session, South Ruislip

Wednesday session, West Drayton

Every Saturday 1.45-3.15pm

Every Wednesday, 7.00 - 9.00pm

Ages 8-19 years

Ages 11 years +

Cost: £3 per session

Cost: Free

Queensmead Sports Centre
Victoria Road
South Ruislip HA4 0JE

West Drayton Young Peoples Centre
Rowhleys Place,
Harmondsworth Road
West Drayton, UB7 9LL

Contact information For further details on the club please contact Sports Development on sportsdev@hillingdon.gov.uk or for the Wednesday session contact Disability Sports Coach on 020 7021 0973 / email colin@disabilitysportscoach.co.uk

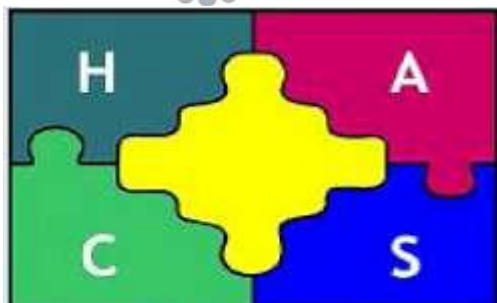


What we provide - DASH provide a range of different activities for people with disabilities, including both recreational and sports sessions

Who it is for - For users with Disabilities

When it takes place - We have activities 6 days of the week.

Cost - Between £1 and £5 per session dependent on the activity.



HACS clubs - designed to be fun but also support young people to develop the skills and confidence they need to lead independent lives using sports, arts and crafts, offsite and residential activities, music production, dance and drama, cooking workshops and issue-based projects

HACS clubs are provided, by the council and HACS, and focus on the support and development needs of young people aged between 13 and 25 who have autistic spectrum disorders.

HACS club south Is at Harlington Young People's Centre on Wednesdays between 3.30pm and 6pm.

HACS club north Is at South Ruislip Young People's Centre on Thursdays between 7pm and 9.30pm

HACS Event Calendar - February, 2017

FEBRUARY Thursday 9TH 2017

WORKSHOP: SUPPORTING SIBLINGS

Event Time: 10.00am - 2.00pm

Event Location: HACS Resource Centre

FEBRUARY Thursday 23RD 2017

WORKSHOP: SPECIAL NEEDS & EATING DIFFICULTIES

Event Time: 7pm - 9.30pm

Event Location: HACS Resource Centre

UCAA - U-Can Ask Angels

Location: Dovetail Community Outreach, 25 Hercies Road, Uxbridge, Middlesex, UB10 9LS

Telephone: 0782 656 7034 **Email:** ucanaskangels@gmail.com

Do you want to meet parent/carers in a similar situation?

Are your children looking to make new friends and develop social skills within a small caring environment?

Then come visit us and join in with the fun at U-Can Ask Angels
UCAA offers:

- Exciting activities for children aged 5 -16 that help all areas of development
 - Advice and support for children and families
 - Complementary therapies for parents/carers
 - Sibling support (siblings are welcome to join in the fun)
- Parent carers are able to relax and chat while their children are entertained and occupied in the next room by our Play leader and Play Assistants.

Other Information

UCAA runs a Saturday Club for children with a variety of complex disorders and special needs (autism, Asperger syndrome, down syndrome, dyspraxia, cerebral palsy) and their families. We run the club in term time with our members in two groups that meet on alternate Saturdays. We are open from 10.30 - 12.30.

Our age range is from 5 - 16 yrs.

Contact us on 0782 656 7034

ODEON
FANATICAL ABOUT FILM

ODEON autism friendly cinema screenings

ODEON hosts autism friendly cinema screenings every month. Listed below are the upcoming autism friendly cinema screenings with ODEON. Please see the Odeon website for further details.

<http://www.odeon.co.uk/accessibility/autism-friendly-cinema-screenings>

ODEON's next autism friendly film screening is *Sing* on Sunday 29th January at 10:15am*.

 **cineworld**
CINEMAS

Cineworld host an autism friendly cinema screening on the first Sunday of every month at 11am.

Cineworld's next autism friendly film screening is *Sing* on Sunday 5th February at 11am.

BETTER
the feel good place

Disability Gymnastics Open Day Botwell Green Sport & Leisure Centre 18th February

Better's Botwell Green Sport & Leisure Centre in partnership with Disability Sports Coach and British Gymnastics are holding a disability Gymnastics Open Day on the 18th February, from 4 – 7pm.

On the day participants of all ages, children and adults, will be invited to take part in the following tasters:

- 4 – 4:30pm Acro Gymnastics
- 4 – 4:30pm Disability Sports Coach Multi Sports Taster
- 4:30 – 5pm Artistic Gymnastics
- 5 – 5:30pm Rhythmic Gymnastics
- 5:30 – 6pm Acro Gymnastics
- 5:30 – 6pm Disability Sports Coach Multi Sports Taster
- 6 – 6:30pm Artistic Gymnastics
- 6:30 – 7pm Rhythmic Gymnastics



To get involved either turn up on the day or email Head Coach Karen Rose on

karen.rose@gll.org.